



DAH Physical Activity Network

DAHPAN Meeting Minutes – 24th April 2024

Attendees

Graham Day - Trustee
Phil Stevens - DAH
Qasim Qureshi - Co Chair
Yvonne Denny – Trustee
Caroline O’Sullivan - DAH
Jack Simcoe - Haringey Council
Anita Yiannoullou – Sanjuro Training Systems & Haringey Walks
Linda Almond - Highgate Tennis Club, Metro Blind Tennis & Middlesex LTA Venue Inclusion Mentor
Lizzy Ngotta - Bridge Renewal Trust
Jalpa Assani – Haringey Council
Abdul Isah – Volunteer DAH

Apologies :

Mark Bullock – Inclusive Sports Development Advisor – Tennis no boundaries
Daniel Ball – Haringey Council
Sally Avens – Haringey Council

Agenda

1. Welcome and apologies for absence
2. Minutes and matters arising
3. Review previous actions
4. DAHPAN – Transformation and moving forward
5. Set next meeting date



1. Welcome and apologies for absence

The meeting was called to order and a round of introductions were done and apologies for absence.

2. Minutes & Matters Arising

A few amendments with regards to contacts were highlighted with requests for updating.

Suggestions and requests regarding format of the minutes were made - namely full names to be mentioned, pages to be numbered and minutes to be kept more succinct. Names to be put against action points

3. Review of previous actions

The meeting continued with review of the last action points.

The group discussed various action items and their progress. They emphasised the need for clarity in assigning responsibilities for tasks. Phil mentioned establishing referral systems for better service access and outcomes. There's a focus on integrating physical and mental health services, particularly linking leisure services with healthcare providers to enhance overall well-being. Jack Simcoe provided updates on ongoing work related to these initiatives. The goal discussed was to improve services by October, particularly in relation to new projects. The discussion underscores the importance of coordinating efforts between leisure and healthcare services for better outcomes.

Phil clarified a point relating to leisure centre management. Jack elaborated on the inclusive approach being implemented across leisure centres, highlighting the importance of staff readiness and training. Linda's query was addressed regarding a specific action point, emphasising the need for focused discussion on important topics. Linda enquired about Lauren's role in inclusive tennis and Jack confirmed Lauren's involvement with New River's sports development. Linda expressed enthusiasm about progress on inclusion initiatives.



4. DAHPAN – Transformation and moving forward

Phil initiated a discussion on transforming the Physical Activity Network. He explained that the subcommittee's focus evolved beyond branding to address the network's effectiveness and objectives. It was discussed that the current format isn't achieving desired goals, lacking sufficient community engagement. Phil emphasised the need to revisit, change, and develop the network to be more impactful. It was discussed that funding will be necessary for inclusive and accessible physical activity initiatives. Anita added that amidst borough changes, the network must advocate for community support.

Anita emphasised the need for more outreach and community engagement, including developing ambassadors to share initiatives. Oversight of the project is essential, requiring a detailed project plan. Jack agreed and highlighted the importance of engaging service providers and community members for feedback. Phil suggested aligning inclusive physical activity with the borough's cultural development, aiming for a holistic approach. Anita suggested involving key councillors responsible for inclusion to drive culture change from the top. Phil suggested inviting leisure centre staff to ensure alignment with their operations and initiatives.

Jack suggested inviting Lauren and a Fusion staff member to future meetings to embed inclusive culture in leisure centres. Regarding borough funding and programming for 2027, details are unclear, but updates will be shared as available. Jalpa proposed involving a culture team member for advice and potential funding streams. Jack reinforced that the group's scope should extend beyond physical activity to broader health benefits, aligning well with cultural initiatives. Phil expressed the urgency of moving forward with outreach and change initiatives, emphasising the organisation's commitment to these goals. He suggested the subcommittee develop a work plan to implement desired changes, noting unanimous support for proactive action.

Linda shared Middlesex Tennis's new initiative appointing venue inclusion mentors, including Linda herself. This initiative aims to promote inclusivity in tennis clubs, covering disability, gender, ethnicity, and poverty. Linda promised to share a useful matrix with Jack to facilitate this effort. Lizzy emphasised the importance of impactful initiatives discussed in the meeting, particularly addressing barriers related to staffing shortages in inclusive activities for children and young people. She highlighted the discriminatory aspect of expecting individuals to bring



their own support staff and suggested clearly defining desired outcomes and mapping steps to achieve them as part of the change agenda.

Yvonne related an incident where Matthew and children were denied entry to Tottenham Green leisure centre despite having booked tickets. She expressed frustration with the manager's behaviour and had to file a complaint. Phil suggested addressing staff attitudes and interactions through training and closer management-staff relationships.

Plans were discussed to set up another subcommittee meeting to develop a work plan and extend invitations to new members.

Jalpa Assani provided updates from the last meeting, mentioning contact with Simon Ware regarding leisure centre changes, including potential installations of pool pods for accessibility despite cost considerations. Additionally, Jalpa informed the group of the upcoming leisure centre closures for staff induction during a changeover and the appointment of an area manager to oversee operations. Phil suggested inviting a social prescriber manager to future meetings once plans are more solid. Discussions also touched on the status of equipment and accessibility issues at the centres, with ongoing monitoring and reporting of maintenance needs to Fusion.

Anita proposed sharing inclusive, accessible event information before meetings for discussion. She emphasised the importance of contract terms penalising organisations for safety and inclusion failures. Lizzy raised enquiries about trampoline activities at Tottenham Green. Jalpa informed the group about ongoing efforts to partner with external coaches for program development.

Jalpa discussed progress on arranging trampoline sessions, noting challenges and potential solutions involving external coaches. Anita shared insights on past trampoline programs and suggested connecting with a previous provider for coaching resources.

Phil requested a disabled musician or singer for an upcoming event, and Jack mentioned an upcoming visually impaired football program at Selby Centre.



5. Setting of next meeting date

The meeting concluded with setting the next DAHPAN meeting for June 26, 2024, with thanks from Phil to those who attended.

